

An introductory guide

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Introduction to the Everyday Maths project

Most parents want their children to do well at school. But sometimes helping your child with their schoolwork can be hard. The Everyday Maths project outlines ways that you can help your children learn, but that don't mean that you have to do your children's schoolwork.

Helping children with maths

Some parents find it very hard to help their child with maths:

- Some parents didn't do well at maths at school, and worry about not understanding what their children are doing in school
- Some parents feel confident in maths but worry about not understanding the methods that schools use nowadays
- Some parents worry about not understanding how best to teach their children

All these problems are about school maths. There are, however, other things you can do which help children to learn maths, that aren't about practising school maths. In the Everyday Maths project, we worked with parents of primary school children to find out how they could talk about the kind of maths that occurs in everyday life.

Everyday Maths resources

We have written three leaflets which we hope will give you some ideas about how you can explore everyday maths, which is in the kinds of activities we do in everyday life.

- The first leaflet talks about the kinds of activities we do, and how we can start to think about them.
- The second leaflet talks about finding the maths in everyday activities.
- The third leaflet talks about the ways which we can talk about the maths in these activities with our children.

These leaflets can be used on their own, or alongside Everyday Maths workshops which schools might run. **If you would like to discuss these ideas with other parents and with teachers, you could always approach your child's school to see whether they could run some Everyday Maths workshops.**



For further information, visit
www.everydaymaths.org

You can email us at:
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More ideas for everyday maths activities
can be found at
www.nnparenttoolkit.org.uk



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