



St. Laurence Primary Newsletter

Spring Term

12th January 2021

Our School

Gospel Values

Peace

Hope

Generosity

Forgiveness

Courage

Justice

Classes

Robins

R

Mrs. Harvey and

Mrs. Bennett

Wrens

Miss Tanvir

Kingfishers

Yr

Mrs. Chalklin

1/2

(KSI Leader)

Skylarks

Miss Kelly

Nightingales

Miss Campbell

Quails

Yr

Miss Peck

3/4

Doves

Mr. Fitt

Swallows

Miss Corcoran

Magpies

Yr
5/6

Mr Jiggins

Owls

Miss Beal

Kestrels

Mr. Pepper

SPRING TERM

Welcome back to Spring Term at St Laurence, we hope that the Christmas break offered some rest and respite to you all, despite the continued impact Covid is having on all our lives. Once more we find our school community scattered across both school and home learning and we hope the communications you are receiving from your child's teacher via Teams and

Tapestry (for the Reception children) is keeping you connected.

Please remember that we are contactable via the school office on the email: office@stlaurence.cambs.sch.uk if you have any questions, concerns or worries
Mrs Harvey and Mrs Bennett

Love...bears all things, believes all things, hopes all things, endures all things. Love never ends.'
(1 Corinthians 13:7-8)



Our school Gospel value this half term is **Generosity**, whether this is with our time, talents, kindness or material objects.

For children attending school we continue to collect donations for our local food bank and welcome any donations that you could provide.

Staying Safe while Learning Online

Here are some reminders of useful sites where parents can access advice about online safety. An essential part of online learning will be ensuring children who are working online have very clear understanding of how to stay safe online and school are here to support parents with this.

- [Internet matters](#) - for support for parents and carers to keep their children safe online
- [London Grid for Learning](#) - for support for parents and carers to keep their children safe online
- [Net-aware](#) - for support for parents and careers from the NSPCC
- [Parent info](#) - for support for parents and carers to keep their children safe online
- [Thinkuknow](#) - for advice from the National Crime Agency to stay safe online
- [UK Safer Internet Centre](#) - advice for parents and carer
- [Childline](#) - for support
- [UK Safer Internet Centre](#) - to report and remove harmful online content
- [CEOP](#) - for advice on making a report about online abuse

**ST. LAURENCE
CATHOLIC
PRIMARY SCHOOL**
office@stlaurence.cambs.sch.uk

Mrs Clare Clark
Executive Headteacher

**Mrs Veronica Harvey & Mrs
Elizabeth Bennett**
Heads of School
Phone: 01223 712227

Mrs. Robertson
Inclusion Manager

Office Staff:
**Mrs. L Taylor: School
Business Manager**

**Miss C Taylor: PA to Head
Teacher and SLT**

For recent updates, news
and information please visit
our school website:



www.stlaurence.cambs.sch.uk

Help for those in Need

If you, or anyone you know are a family that needs help at home with essential support please contact the South Cambridgeshire District Council on www.cambridgeshire.gov.uk/coronavirus or 0345 045 5219

We are aware that Covid has changed many of our lives and circumstances. Children from households with lower incomes may be entitled to free school meals. Families who are currently paying for school meals (including those who are entitled to the KSI Universal lunches) will save around £400 a year for each primary school child if they are entitled to free school meals.

If you are eligible for free school meals, you will also allow your school to receive a Pupil Premium - extra money to support children from families on lower incomes.

Free school meals online application
form www.cambridgeshire.gov.uk/freeschoolmeals



The healthy selfie campaign is for schools and families to show how they stay active and promote and celebrate healthy lifestyles, this is being run during the month of January. This can be anything from walking to school, PE, active breaks, trampolining in the garden, active learning, a trip out in nature, cooking healthy foods or making healthy snack options. This is a great way of sharing ideas, celebrating those big and small healthy choices and inspiring others to be active and eat well. Send your photos to the office@stlaurence.cambs.sch.uk and we will add them to the whole school display.



ACTION CALENDAR: HAPPIER JANUARY 2021



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



"Happiness is when what you think, what you say, and what you do are in harmony" - Gandhi

4 Write a list of things you feel grateful for in life and why

11 Switch off all your tech 2 hours before bedtime

18 Focus on what's good, even if today feels tough

25 Decide to lift people up rather than put them down

5 Look for the good in others and notice their strengths

12 Connect with someone near you - share a smile or chat

19 Get back in contact with an old friend you miss

26 Say hello to a neighbour and get to know them better

6 Take five minutes to sit still and just breathe

13 Be gentle with yourself when you make mistakes

20 Go to bed in good time and give yourself time to recharge

27 Challenge your negative thoughts and look for the upside

7 Learn something new and share it with others

14 Take a different route today and see what you notice

21 Take a small step towards an important goal

28 Ask other people about things they've enjoyed recently

1 Find three good things to look forward to this year

8 Say positive things to the people you meet today

15 Eat healthy food which really nourishes you today

22 Try out something new to get out of your comfort zone

29 Use one of your personal strengths in a new way

2 Make time today to do something kind for yourself

9 Get moving. Do something physically active (ideally outdoors)

16 Get outside and notice five things that are beautiful

23 Plan something fun and invite others to join you

30 Count how many people you can smile at today

3 Do a kind act for someone else to help to brighten their day

10 Thank someone you're grateful to and tell them why

17 Contribute positively to a good cause or your community

24 Put away digital devices and focus on being in the moment

31 Write down your hopes or plans for the future

ACTION FOR HAPPINESS



www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/happier-january

Happier · Kinder · Together