



What is bullying?
Bullying is when someone hurts you on purpose, several times.

- Bullying can be:
- Physical
 - Verbal
 - Emotional
 - Online
 - Racist

We promise to always take bullying seriously.
You have the right to be happy.

- Who can I tell?
- A trusted adult
 - Parent
 - Friend

- If you bully, you will need to:*
- Take responsibility for your actions.
 - Make things right.
 - Speak to an adult about your feelings.

